I claim:

1. A liquid medication dispensing system for dispensing measured dosages of selected medications comprising:

an ampule containing a pre-selected quantity of a selected medication, said ampule configured to hold a premeasured quantity of a selected medication, and to dispense said quantity of medication through an opening in said ampule when an opening is formed within said ampule and a designated quantity of pressure is applied to said ampule.

- 2. The liquid medication dispensing system of claim 1 wherein said ampule further comprises a squeezable propellant chamber, said propellant chamber configured to contain a designated quantity of an expelling material, said propellant chamber configured to compress when a designated quantity of pressure is applied to said propellant chamber and to force said expelling material and said medication out of said ampule through said opening.
- 3. The liquid medication dispensing system of claim 2 wherein said expelling material is air.
- 4. The liquid medication dispensing system of claim 1 further comprising a puncturing device configured to create said opening within said ampule.

- 5. The liquid medication dispensing system of claim 4 wherein said puncturing device is calibrated to create an opening of a desired size within said ampule.
- 6. The liquid medication dispensing system of claim 5 further comprising a container configured to hold said ampule and said puncturing device, in a sealed environment.
- 7. The liquid medication dispensing system of claim 6 wherein said puncturing device is a portion of said container.
- 8. The liquid medication dispensing system of claim 6 wherein said container is a generally rectangularly shaped box configured to hold said ampule therein, said container having a bottom portion said bottom portion configured to contain at least puncturing device therein.

9. A self-contained dispensing system for dispensing measured amounts of medication stored in a powdered form comprising:

an ampule having a first chamber configured to hold a premeasured amount of a selected medication stored in a powdered form therein, and a second chamber configured to hold a premeasured amount of a reconstituting liquid therein, said first chamber separated from said second chamber by a breakable membrane, said ampule configured to allow an individual to brake said membrane to suspend said powder within said reconstituting liquid and to allow said suspension to be dispensed from said ampule through an opening in said ampule when pressue is applied to said ampule.

- 10. The liquid medication dispensing system of claim 9 wherein said ampule further comprises a squeezable propellant chamber, said propellant chamber configured to contain a designated quantity of an expelling material, said propellant chamber configured to compress when a designated quantity of pressure is applied to said propellant chamber and to force said expelling material and said medication out of said ampule.
- 11. The liquid medication dispensing system of claim 10 wherein said expelling material is air.

- 12. The liquid medication dispensing system of claim 9 further comprising a puncturing device configured to create said opening within said ampule.
- 13. The liquid medication dispensing system of claim 12 wherein said puncturing device is calibrated to create an opening of a desired size within said ampule.
- 14. The liquid medication dispensing system of claim 13 further comprising a container configured to hold said ampule and said puncturing device, in a sealed environment.
- 15. The liquid medication dispensing system of claim 14 wherein said puncturing device is a portion of said container.
- 16. The liquid medication dispensing system of claim 14 wherein said container is a generally rectangularly shaped box configured to hold said ampule therein, said container having a bottom portion said bottom portion configured to contain at least puncturing device therein.

17. A method of dispensing premeasured amounts of a selected medication in a liquid form utilizing a system comprised of an ampule having a first chamber configured to hold a premeasured amount of a selected medication stored in a powdered form therein, and a second chamber configured to hold a premeasured amount of a reconstituting liquid therein, said first chamber separated from said second chamber by a breakable membrane; a puncturing device configured to create an opening of a desired size within said ampule; and a container configured to hold said ampule and said puncturing device, said system comprising the steps of:

opening said container;

removing said ampule from said container;

bending said ampule to rupture said membrane;

shaking said ampule to suspend said powdered mediation within said reconstituting liquid;

puncturing said ampule with said puncturing device to form an opening; and squeezing a portion of said ampule to dispense said medication to an intended beneficiary through said opening.